

THE POWER OF SELF-DISCIPLINE

Key Point:

If we are ever going to mature, grow, and produce fruit as followers of Jesus, we must learn the power of self-discipline and self-control!
(Galatians 5:22-26)

Self-Discipline, Self-Control, Sound Mind:

The ability to control one's emotions, feelings, thoughts, and behavior in the midst of trials and circumstances, no matter how severed and stressful.

STOPS us from doing the WRONG things.
KEEPS us doing the RIGHT things.

DEFENDS against TEMPTATION & DESTRUCTION.
LEADS us to GODLINESS & LOVE.

BIG 6...areas of Self-Discipline!

1. Spiritual Growth-2 Timothy 1:6-8
2. Moral Character-1 Timothy 4:8
3. Mind and Mouth-Philippians 4:8-9
4. Arranging Priorities-Matthew 6:33
5. Health and Fitness-1 Corinthians 6:19-20
6. Finances-Matthew 6:24 and Luke 8:14

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3 Dangers of Self-Discipline?

LAST POINT: When we choose to allow the Holy Spirit to control and INFUSE into our lives He will produce the fruit so that others around us see good works and deeds.